

Compass Health Network's Assertive Community Treatment (ACT) is a community-based support system designed to meet the behavioral needs of Transitional Age Youth (ages 16-25).

As emerging adults, ACT youth are beginning to experience making decisions about housing, employment, education, finances and their own healthcare needs. We understand that behavioral health issues can make this transition even harder to navigate.

ACT individuals may also struggle with co-occurring substance use disorders, homelessness or other emotional needs.

ACT is an evidence-based service proven to be successful for individuals who need more frequent contact or additional support to live successful lives. Our services are available daily.

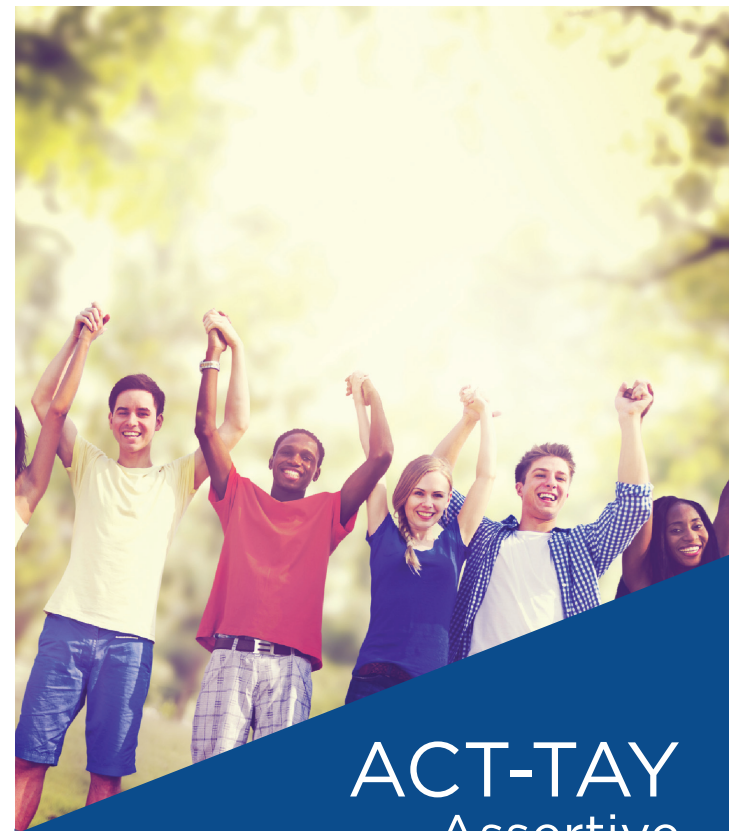


### ACT-TAY Program Locations

Jefferson City	573.556.3320
Raymore	573.556.3315
Rolla	660.207.7385
St. Charles	636.332.2105
Union	636.210.0049



844.853.8937  
[compasshealthnetwork.org](http://compasshealthnetwork.org)



**ACT-TAY**  
Assertive  
Community  
Treatment  
for Transitional  
Age Youth





### **ACT Team**

Individuals work with a team of specialists to help with daily needs such as managing mental health symptoms, finding employment, budgeting finances, and building meaningful relationships. Success in these areas can mean fewer hospitalizations and a greater sense of well-being for clients.

### **ACT Team Members include:**

- Psychiatric Provider
- Registered Nurse
- Therapist
- Substance Use Specialist
- Supported Employment and Education Specialist
- Integrated Health Specialist
- Peer Support Specialist

### **Services**

include ongoing, personalized care provided in an individual's home, on the job, and in the community. Each person is respected as an individual whose input is important. All ACT team members work diligently to help each person served reach his or her individual goals through:

- Medication management and education
- Individual therapy
- Appropriate substance abuse interventions
- Assistance with completing benefit applications
- Help returning to school and/or finding gainful employment
- Assistance with housing needs
- Building personal support systems

### **Eligibility & Guidelines**

- Individuals ages 16-25 years old
- Qualifying Mental Health Diagnosis



**INSPIRE HOPE.  
PROMOTE WELLNESS**