



ACT

Assertive Community Treatment



QUESTIONS OR REFERRALS

The Lebanon ACT team serves those in the Laclede County area. If you have any questions regarding services offered through Assertive Community Treatment programs, or would like to make a referral to this program, please contact:

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Assertive Community Treatment (ACT) Team

Compass Health Network • 860 Lynn Street • Lebanon, MO 65536

ACT Daytime 660-207-7627 • ACT After Hours 417-991-9706 • 24 hr. Crisis Line 888-237-4567

PROVIDING COMPREHENSIVE SUPPORTIVE
SERVICES TO INDIVIDUALS WORKING TO
RECOVER FROM MENTAL ILLNESSES



Compass Health Network is a Certified Community Behavioral Health Organization (CCBHO) serving 46 Missouri counties. In Laclede county, at the Lebanon office, we offer: outpatient therapy, psychiatry services, adult and youth CPRC, adult SUD, and Adult ACT.

ASSERTIVE COMMUNITY TREATMENT ACT

ACT uses evidence-based services to reduce hospitalizations, increase housing stability, support individuals as they work towards their personal recovery goals, and empower them to effectively manage their mental health needs. To accomplish this, the ACT team provides individualized services within the community, at their place of employment or wherever support is needed and can be accessed 24 hours a day, 7 days a week.

The ACT Team is comprised of: a Team Leader, Psychiatrist, Nurse Practitioner, Nurse, Therapist, Co-occurring Disorders Specialist, Certified Peer Specialist, Supported Employment/Education Specialist, and an Integrated Health Specialist. This team of dedicated professionals work together to support each and every client enrolled in ACT services.

In addition, participants are assisted with medication management, addressing health concerns and healthy diet, managing finances, managing mental health symptoms, reducing use of substances, developing meaningful relationships, and so much more. Family and other natural supports are invited to participate in the treatment process to support successful outcomes and reach their individual recovery goals.



ACT ELIGIBILITY

Qualifying diagnosis for ACT services include:

- Schizophrenia, Schizoaffective Disorder, Delusional Disorder, Unspecified schizophrenia spectrum disorders or other psychotic disorders
- Bipolar Disorder with psychotic features
- Major Depressive Disorder with psychotic features
- Bipolar and Major Depressive Disorder without psychosis can be considered depending on level of need

Eligible individuals will also have other areas of high need such as:

- Multiple psychiatric hospitalizations or emergency room visits within the last year
- Transitioning from a state hospital or long-term residential setting
- Co-occurring substance use disorders
- Homelessness or difficulty maintaining safe and stable housing
- Recurrent legal contact