

### Important Phone Numbers

In the event of a Disaster I am going to contact  
or someone is going to contact for me the  
following:

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Relationship: \_\_\_\_\_

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Relationship: \_\_\_\_\_

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Relationship: \_\_\_\_\_

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Relationship: \_\_\_\_\_



# What to do in an Emergency

[compasshealthnetwork.org](https://compasshealthnetwork.org)

## When Disaster Strikes



In the event of a **fire**, you get out as quickly as possible. Your assembly location after the evacuation is:

---

A tornado watch means that the weather is favorable. A warning means that there is a tornado sighted and **YOU MUST SEEK SHELTER IMMEDIATELY!** Shelter should be in a basement or an interior room of the house, with lots of cushion and protection around you. Always have shoes on and always protect your head!



In the event of **inclement weather**, your Shelter in Place Location is...

---

Your **First Aid Kit** and **flashlight** are located:

---



In the event of an **earthquake**, please get under the heaviest piece of furniture nearest to you and hold on until the shaking passes.

**ALWAYS REMEMBER TO CALL 9-1-1**

I can get **ACCURATE** information from the following sources when I hear a siren or I have heard that a disaster has happened:

---

---

---

---

---

## EMERGENCY PREPAREDNESS QUESTIONS

- \* Do you have identification at all times?
- \* Do you have Emergency Contact Numbers available at all times?
- \* Do you have personal documents gathered at all times?
- \* Do you know what to do in the event of a power outage?
- \* Do you know what you should do in the event of an intruder?
- \* Do you have a current list of medications available at all times?