



Our Mission:

Compass Prevention engages and empowers communities to promote wellness and to support healthy assets.

Who are we?

Compass Prevention is a team of dedicated professionals who are passionate about sharing prevention resources and technical assistance with community members in 30 counties in Mid-Missouri.

Compass Prevention is a Division of Behavioral Health Funded Regional Support Center.

We currently offer services to communities located in: Audrain, Bates, Benton, Boone, Callaway, Camden, Carroll, Cedar, Chariton, Cole, Cooper, Henry, Hickory, Howard, Laclede, Morgan, Miller, Moniteau, Monroe, Montgomery, Osage, Pettis, Pike, Pulaski, Ralls, Randolph, St. Clair, St. Francois, Saline and Vernon counties.



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compasshealthnetwork.org



PREVENTION





CHN Prevention provides information, training and assistance on the following topics and programs:

- Alcohol and other drug prevention
- Suicide Prevention (see Evidence-based Training to the right)
- Effects of tobacco, alcohol, and other drugs
- Resources, including free information, brochures, and websites
- Information for advocates, including action alerts, public policy information, model ordinances, and effective school policies
- Information about warning signs of teen drug abuse and resources available to help
- Information on protective factors and developmental assets
- Information on finding funding for activities that will reduce substance use
- Youth tobacco sales compliance

Community Coalition Building

As a Prevention Resource Center we can help with:

- Community assessment and identifying primary factors influencing substance abuse
- Training and technical assistance to become more effective at addressing drug and alcohol prevention needs
- Effective strategies for coalitions, parents, school staff members, youth group workers, faith leaders, businesses, etc.
- Help with community assessment and identifying primary factors influencing substance use
- Strategic planning

Evidence-based Training

- Teen Baseline
- Question Persuade Refer (QPR)
- Signs of Suicide (SOS)
- Mental Health First Aid
- Youth Mental Health First Aid
- Applied Suicide Intervention Skills Training (ASIST)
- Catch My Breath
- Teen Mental Health First Aid
- SafeTALK
- Talk Saves Lives

School-based Services

We provide information and presentations on suicide and substance abuse prevention to parents, students, and staff in the schools located in the 30 counties we serve.

- Teacher in-services
- Back to school fairs
- Support for prevention-related activities
- Student prevention/education/training
- Prevention Days
 - Substance use
 - Bullying
 - Self harm/coping skills



INSPIRE HOPE. PROMOTE WELLNESS.