

A psychological assessment is the examination of a patient by a psychologist through interviews, observation of behavior, and/or psychological testing with the goal of helping to determine a diagnosis and plan of care.

We do NOT provide all types of services in all our locations, however most are available within 30 miles. Please visit our website. compasshealthnetwork.org for a complete listing of our locations.

For assistance with referrals or questions, please email our Psychological Assessment Coordinator at psychologicaltesting@compasshn.org.

Contact Information

Email: psychologicaltesting@compasshn.org

> Phone: 660-839-6400

> Fax: 660-207-7330

Additional information can also be found on our website at:

compasshealthnetwork.org



844.853.8937 compasshealthnetwork.org



TESTING SERVICES





TESTING SERVICES

A psychological assessment is a planned evaluation to identify or clarify any diagnoses, answer specific clinical questions to help guide treatment, and identify strengths and weaknesses to plan for and assist with monitoring progress of treatment or education.

Psychological evaluation may include several components, for example:

- 1. A review of any relevant medical records or previous evaluations
- 2. Detailed interview with the person, relevant caregivers, teachers, or clinicians working with the person.
- 3. One-on-one standardized psychological tests or observation of the person
- 4. Completion of behavioral questionnaires by relevant caregivers
- 5. Appointment to review the results and recommendations

Common Assessment Types at Compass Health

- ADHD
- Autism Spectrum Disorder
- Competency/Guardianship
- Intellectual and Academic Functioning
- Memory
- Mood and Trauma
- Parental Capacity
- Personality
- Pre-surgical (i.e., Bariatric and Spinal Stimulator System)
- Risk Assessment

Learning Disability Evaluations assist in identifying whether or not a child (or adult in college or vocational rehabilitation) has a learning disability, and if so, in what area.

Autism Spectrum Disorder Assessments are used to identify the presence or absence of a diagnosis that falls on the Autism Spectrum. Assessments of this nature will include treatment recommendations and/or referral sources.

Diagnostic Clarification Evaluations assist in clarifying the diagnosis of an individual and make recommendations for treatment. For example, ADHD evaluations. These can also be utilized to assist in the development of IEPs, behavioral modification plans, and more specifically tailored treatment options.

Parental Capacity Assessments are NOT custody assessments. These only speak to a client's ability to parent their child, including where they struggle and what improvements they can make, as well as what they are doing well.

Miscellaneous Evaluations include other types of evaluations as deemed necessary and appropriate. These will need to be approved by the provider of the testing service. This could include complete risk assessments for individuals who are thought to be a danger to themselves or others.

If you are a current patient at Compass Health and interested in psychological assessment, please speak with your mental health provider, such as your therapist or psychiatrist. They will work with you to determine if this could be a helpful service for you.

Other clinical services offered by Compass Health

Help Coping With . . .

- times of personal crisis such as divorce, death of a loved one, or job loss
- child and aging issues
- severe and persistent mental illnesses that require long-term care

In Addition, We Can . . .

- help medical and surgical patients cope with an illness or injury and adjustment to life with such hardships
- assist other professionals (i.e. CSS teams and schools) in the design and implementation of behavior modification programs
- work in conjunction with professionals to design and implement intervention programs for individuals with various levels of functioning
- help individuals alleviate symptoms related to various mental health diagnoses (i.e. Depression, Anxiety, PTSD, etc.)
- provide group therapy and education for a multitude of diagnoses and issues (i.e. personality disorders, anger, grief, trauma, etc.)
- provide training to other professionals on topics related to mental health and intervention
- provide services and interventions for Autistic Spectrum Disorders (ASD)

