



Shape • Teach • Evolve • Prepare • Support

Helping Mothers and Children Thrive



HOW TO PARTICIPATE IN STEPS

To get started, Contact Lauren Davis, STEPS Team Lead, at ladavis@compasshn.org or 636-234-7167. The STEPS team will set up a screening to meet with the client at the STEPS office. STEPS has the ability to screen and admit four to six clients monthly until the capacity of 50 is reached.

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STEPS | 500 Clark Drive | Union, MO 63084



Compass Health[®]
Network

Keeping Families Together



STEPS PROGRAM

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With a coordinated specialty care team addressing behavioral health and substance use disorders, Compass Health Network can help pregnant and new mothers receive the care they need to reduce or prevent Children's Division involvement and their children's stay in foster care. Through STEPS, the following services are offered to women from pregnancy through eight years after the birth of the child:

- Medication-Assisted Treatment (MAT)
- Group and/or individual counseling
- Parenting classes & support
- Education on child development
- Mental health & substance use assessment & treatments
- Crisis Intervention
- Connecting with prenatal, dental, and health care service
- Accessing child care, housing, and other resources
- Supported employment & education services
- Ages & Stages Questionnaire-ASQ 3 & ASQSE (Social and Emotional)



ELIGIBILITY REQUIREMENTS

- A woman who is pregnant and/or parenting a child up to age eight.
- Live in Franklin County or the surrounding area.
- Have a current substance-use issue or a history of recent use.
- Receiving Medicaid or be eligible for Medicaid.
- Participants in the program are required to see the providers offered within the team. It may be a difficult decision for clients to give up their current doctor and/or therapist, and this should not be pushed on them.
- People who have been diagnosed with the following are eligible for STEPS:

- Major Depressive Disorders
- Anxiety Disorders
- Posttraumatic Stress Disorder
- Obsessive Compulsive Disorder
- Bipolar I & II Disorder
- Schizophrenia
- Schizoaffective Disorder
- Borderline Personality Disorder

OTHER PROGRAM NOTES

- STEPS is an intensive program. Clients in STEPS are seen an average of three to ten times per week.
- Services are available in the evenings, weekends, and on holidays. A staff member is on call at all times for the program.
- The team will consist of a Team Lead, Psychiatrist, RN, Employment Specialist, Co-occurring Disorder Specialists, Marriage and Family Therapist, two Integrated Health Specialists, Peer Support and a Program Assistant.