

FIND YOUR PATH TO  
BETTER HEALTH AND WELLNESS



Compass Health<sup>®</sup>  
Network

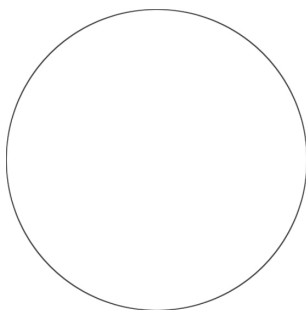
**H.O.P.E.**

**Home. Opportunity. Progress. Empowerment.**

**We are here to help YOU be  
successful in your home!**

- Education, support, and motivation with daily living skills such as self-care, cooking, budgeting, home maintenance, and medication management
- Healthy Living and Wellness Education
- Job Development and Employment Skills
- Mental Health Education
- Coping Skills
- Crisis Management Skill
- Engagement in Social and Recreational Activities

**TURN OVER TO LEARN MORE!**



We have a caring team of health professionals ready to help you get quality healthcare you need to manage your illnesses and start feeling better.

My name is:

---

Please give me a call:

---

[compasshealthnetwork.org](https://compasshealthnetwork.org)

***We look forward to  
hearing from you!***