



Compass Health®
Network

Youth Behavioral Health Urgent Care

*Open 9 am to 9 pm daily
including weekends & holidays*

Services Provided:

- Immediate assessment and crisis intervention for youth experiencing a behavioral health crisis, intense emotion states and/or substance use-related crisis -- *Guardian should be present with youth for complete service options*
- Risk management and safety planning for youth at risk of harming self or others
- Crisis stabilization coping support for youth and guardian
- Access to psychiatric provider who may prescribe psychiatric medications
- Connection to additional resources and services needed -- *Youth who present at the Urgent Care will receive follow up case management support to make sure the youth and family get fully connected with services that will continue stabilization and recovery*

NO NEED TO CALL AHEAD

111 Mexico Court
St. Peters, MO 63376

833.356.2427



We care!

Our Youth Behavioral Health Urgent Care is designed to provide a compassionate alternative to the Emergency Room. We offer immediate, short-term stabilization support for young individuals facing mental/ behavioral health emergencies, substance abuse concerns, or other psychological crises. Unlike the often hectic and intimidating environment of an emergency room, the Youth Behavioral Health Urgent Care offers a calm and supportive atmosphere, staffed by professionals trained specifically in youth mental health. The goal is to provide rapid assessment and stabilization in a setting that feels safe and welcoming.



This specialized crisis stabilization center incorporates a multidisciplinary approach involving psychiatric providers, qualified mental health professionals, nurses and case managers. This team works collaboratively to address the unique needs of each youth and family, ensuring a comprehensive and personalized care plan to address the current crisis and as well as support in identifying next steps towards hope and wellness. After an urgent care visit, the youth and family will receive support getting linked to ongoing clinical and parenting skill-building resources, family support, counseling, psychiatry, or other services. This holistic approach not only addresses the immediate crisis of the moment, but also helps in building a supportive network for ongoing recovery and well-being.

The importance of involving the family and the youth's support system in the treatment process cannot be emphasized enough. The compassionate and client-centered care provided at the Youth Behavioral Health Urgent Care can significantly reduce the stress and anxiety associated with traditional emergency room visits, leading to better outcomes for youth in crisis. Ultimately, the Urgent Care serves as a beacon of hope and healing, ensuring that young individuals receive the care and support they need during their most vulnerable moments.

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