

Service Principles

- All clients are treated with respect and dignity.
- Clients have the right to choose and direct their own affairs.
- ADAPT assessments and services are designed to address the unique needs of each individual in everyday community life.
- ADAPT staff continually develop the skills and sensitivity to deliver services congruent with the values and diversity of each client receiving services.
- ADAPT works in partnership with clients, families, and other support networks.
- Integrated healthcare is provided and addresses clients' needs in a holistic manner.



How do I make a referral?

Call 314-269-1169 or
email aomreferrals@compasshn.org
for more information.



CARF Accredited

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St. Louis, MO 63139

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St. Louis, MO 63128

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adapt-chn.org



**Community Mental
Health Center**



Why ADAPT?

ADAPT is a strength-based, trauma informed, integrated health system. Providing client centered care that incorporates ethical standards, professionalism, and innovation is the cornerstone of ADAPT. Through integrated care, the focus is on ensuring that we can meet the needs of the clients and communities we serve.

INSPIRE HOPE. PROMOTE WELLNESS.

Our Mission, "Inspire Hope. Promote Wellness," is simple but powerful. The power of possibility is reinforced with hope and wellness, and the experience ignites the promise of a better tomorrow.

Our vision is full, productive healthy lives for everyone.

"I just have to say, you all have made my life better, more productive and you all have saved a mans life! You all are remarkable." - Client

"I like the way that ADAPT helps me to be myself. I have such great confidence and I do not want to go anywhere else." - Client

"My caseworker is supportive and very good at communicating with me. She is working with me towards the goals I need and very concerned about me. I give her 1000 thumbs up!" - Client

What is ADAPT?

ADAPT is a certified Community Mental Health Center that provides a range of health services to persons with mental illnesses. Adapt was founded in October 1982, as a pilot program working with older adults with mental illness. Through the years, services have evolved to meet the changing needs of the community.



Who is Eligible for ADAPT?

The Missouri Department of Mental Health has designated persons diagnosed with certain psychiatric illnesses eligible for CMHC services.

- Borderline Personality Disorder
- Schizophrenia Disorders
- Delusional Disorders
- Bipolar Disorders
- Psychotic Disorders, Not Otherwise Specified
- Major Depressive Disorder
- Anxiety Disorders
- Individuals with a mental health diagnosis and impairment in daily functioning

Eligible clients are at least 18 years of age, live in St. Louis City or St. Louis County, and are Medicaid eligible.



ADAPT Services

The core component of ADAPT services is Community Support. Community support is designed to support clients to live successfully in their community while accessing and utilizing their natural supports.

Each client works closely with a community support team to develop a wellness plan that may include collaboration with other ADAPT programs or services.

Available Services:

- Psychosocial Rehabilitation Program: Hampton Club
- Community Support
- Community Advocacy and Outreach
- Medication Services
- Therapy
- Psychiatry
- Healthcare Home
- Integrated Treatment for Co-occurring Disorders